



N.E.W. Community Clinic
622 Bodart St.
Green Bay, WI 54301

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Dear Friend,

It is estimated that in 2018 there were 30.4 million people uninsured nationally as compared to 28.5 million people in 2017. Studies have shown that uninsured patients are less likely to have regular out-patient care and are more likely to be hospitalized for avoidable health problems. Many of our patients are one paycheck away from being homeless.

For the past 48 years the N.E.W. Community Clinic has been providing quality care to the hard-working, low-income and uninsured people of Brown County. The clinic opened in July of 1971 under the name of the Green Bay Area Free Clinic as a social work project of a University of Wisconsin—Green Bay student. We now have 3 clinics: our main site is centrally located at 622 Bodart St.; our second site, The N.E.W. Medical Clinic at NWTC, opened in July of 2006 is on the west side of Green Bay; our third site, Outreach Health Care, is located at 879 Mather St. across the street from The Salvation Army. In the fall of 2011 we opened another collaborative program providing dental care for Medicaid patients that were utilizing local emergency rooms for dental care and pregnant women who participate in the WIC program. In 2013 we doubled the capacity at our dental clinic at NWTC. In 2014, oral surgeons from Bay Oral Surgery & Implant Center and Oral & Maxillofacial Surgeons BayCare Clinic began volunteering at our dental clinic providing oral surgery services. In November 2016 we opened a second dental clinic on the east side of Green Bay.

INTERESTING FACTS:

- About 54% of these patients stated that coming to the clinic prevented them from going to the emergency room and 90% of the patients stated that we were able to meet their immediate health care needs.
- There were 3526 patient visits in 2018 at the Bodart St. clinic.
- Our Health Care for the Homeless program treated 886 new patients in 2018 and over 3511 total patient encounters.
- The average earned income per uninsured family that we served was \$11,682 in 2018.
- Total encounters for all programs exceeded 30,000 patients in 2018.

With additional funding we would have the ability to assist more patients. As a valued member of the community we are reaching out for your support. Your donation will help to provide diabetic supplies, medications for adults and children (about \$5.00 can provide a one month supply of a prescription), dental care, and health care for the homeless program or one of our other programs.

Please help us continue to provide quality, compassionate and caring health care to those that need it most in our community.

Your donation is tax deductible.

Thank you,

Bonnie Kuhr, CEO / Executive Director

Thank You to our Volunteers

Volunteer Doctors

Dr. Joseph Binard	Jean Keim NP
Dr. Gail Carels	Dr. Frederick LaMont
Dr. Malena Dzwonkowski	Dr. Cynthia Lasecki
Dr. Richard Erdman	Dr. Mark Laukka
Dr. Bruce Fenster	Dr. David Manke
Dr. Alan Finesilver	Dr. Robert Mead
Dr. Loren Fuglestad	Dr. Michael Meyer
Dr. Joan Handeland	Dr. Christopher Pinn
Dr. James Hinckley	Dr. Paul Schmitz
Dr. Jason Hoppe	Dr. Norman Schroeder
Dr. Siva Kami	Dr. Anna Stockhausen
Kangayappan	Dr. Jay Tibbetts

Volunteer Dentists

Dr. Nick AbuJamra	Dr. Charles Mueller
Dr. Lee Bialkowski	Dr. Matthew Nelson
Dr. William Dichraff	Dr. Thao Nguyen
Dr. Dara Flink	Dr. Douglas Otopalik
Dr. James Fritsche	Dr. Christopher Peterson
Dr. Zach Graf	Dr. Michael Popelars
Dr. Sarah Heuer	Dr. Jeffrey Ryther
Dr. Thomas Kaminski	Dr. David Thompson
Dr. Paul Kollath	Dr. Brian Wackwitz
Dr. Karla Loyonmahan	Dr. Matthew Wagner
Dr. Paul Mantz	Dr. Michael Wallace
Dr. Patrick Maraka	Dr. Marty Williams

Volunteer Oral Surgeons

Bay Oral Surgery & Implant Center	Oral & Maxillofacial Surgeons BayCare Clinic
Dr. Vijay Parmar	Dr. Michael Schuh
Dr. Jason LeMoine	Dr. Steve Zent
Dr. Bradley Koch	Dr. Chad Seubert
Dr. Charles Ellis	Dr. Brandon Newell
Dr. Reda Taleb	
Dr. Michael Miskella	
Dr. David LeMoine	

N.E.W. Community Clinic

Caring & Sharing



WINTER 2019-20

N.E.W. Community Clinic is on pace to be NCQA accredited by the end of 2019

Why NCQA accreditation?

The patient-centered medical home is a model of care that puts patients at the forefront of care. PCMHs build better relationships between patients and their clinical care teams. Research shows that PCMHs improve quality and the patient experience, and increase staff satisfaction—while reducing health care costs. Practices that earn recognition have made a commitment to continuous quality improvement and a patient-centered approach to care.



Reduce Fragmentation and Improve Quality

The PCMH model emphasizes team-based care, communication and coordination, which has been shown to lead to better care. Higher rates of fragmentation are associated with higher costs, lower quality and higher rates of preventable hospitalizations.

Align With Payers

Many payers acknowledge PCMH Recognition as a hallmark of high-quality care. Earning NCQA PCMH Recognition means we are providing patient-centered care that is associated with higher quality, better patient satisfaction and a reduction in avoidable, costly visits to the ED and hospital.

Improve Staff Satisfaction

The PCMH model is associated with better staff satisfaction. One analysis found implementation of NCQA PCMH Recognition to increase staff work satisfaction while reported staff burnout decreased by more than 20%.

Improve Patient Experience

A Hartford Foundation study found that the PCMH model resulted in a better experience for patients, with 83% of patients saying being treated in a PCMH improved health.

Better Manage Chronic Conditions

The PCMH model has been shown to help better manage patients' chronic conditions, such as diabetes. One study found patients with diabetes had higher-quality treatment than those not in an NCQA-Recognized PCMH. Quality measurement showed:

- 4.2 – 8.3% better on HbA1c testing.
- 4.3 – 8.5% better on LDL-C testing.
- 15.5 – 21.5% better on nephropathy monitoring.
- 9.7 – 15.5% better on eye examinations.

Advisory Board/ Board of Directors

Dr. Rolfe White
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Todd Bartels
Heidi Selberg
Jacquelyn Jahnke
Dr. Cynthia Lasecki
Dr. Jeremy Green
Dr. Jeffrey Ryther
Terence Bouressa
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Laura Hieb
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Gary Coullard
Debra Allen
Joel Hobolich
Craig Hermsen

CEO/Executive Director

Bonnie Kuhr

622 Bodart Street
Green Bay, WI 54301
(920)437-9773
www.newcommunityclinic.org



We are a
Brown County
United Way
Agency

Please see enclosed donation envelope and consider making a tax deductible contribution to the N.E.W. Community Clinic

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Volunteers Needed

Our medical clinic, located at 622 Bodart Street provides medical/ health care to uninsured, low-income individuals and families. The clinic is in need of volunteer Physicians/Doctors. This site is primarily staffed by volunteer providers and offers primary health care and some specialty care. In 2017, this site had 3,458 visits. We see patients 8am to 12 noon and 1pm to 5pm Monday through Thursday and on Fridays from 8am to 12 noon. We do have evening hours on Tuesday and Wednesday until 6:00pm. If you are able to give of your time, one morning or afternoon a week or even a month; we would be happy and able to work around your schedule.

It is said "if you've changed one life, you've changed the world." Volunteering at N.E.W. Community Clinic gives you the chance to change the world one life at a time. Through your generous gift of time and your endless pool of talent you are able to fulfill your calling by aiding those in need. We are willing to work around any amount of time you are willing to volunteer; be it 4 hours a week or 4 hours a month. N.E.W. Community Clinic has been aiding the less fortunate in our community for the past 48 years and with your gift of time we can look forward to many more successful years.

Please call Bonnie at 920-437-9773 or email newcomm@newcommunityclinic.org if interested.

NCQA accreditation, cont'd.

Align With State/Federal Initiatives

As more emphasis is placed on value-based care, many state and Federal programs are embracing the patient-centered model of care. 29 public sector initiatives in 25 states require use NCQA PCMH Recognition as part of medical home initiative. States like Tennessee and New York are adopting PCMH Recognition to help improve the overall quality of care in their states.

Lower Health Care Costs

Research shows NCQA PCMH Recognition improves patient care and reduces costs. One pilot program showed a 9.3% reduction in emergency department utilization (resulting in approx. \$5 million in savings per year) and a 10.3% reduction in ambulatory-care-sensitive inpatient admissions for patients with two or more comorbidities. Another study found PCMH Recognition was associated with \$265 lower average annual total Medicare spend per beneficiary (4.9%), lower hospital spending and fewer emergency department visits (55 fewer visits per 1000 beneficiaries for all causes).

Improve Patient-Centered Access

PCMHs emphasize the use of health information technology and after-hours access to improve overall access to care when and where patients need it. One study found PCMH practices rapidly increase office visits relative to non-patient-centered clinics, with 163 more office visits per 1,000 members per year. Another study found PCMHs patients had 77.5 more primary care visits and 17.3 fewer ambulatory-care sensitive specialist visits per 1,000 patients per month.

Navigating Through Insurance

Hi, my name is Mary. I am 51 years old. I recently retired the end of August, and was uncertain about my health insurance benefits. While online I navigated to the Healthcare Marketplace plans. I attempted to calculate what my insurance premium would be, factoring in my Social Security benefits and monthly budget. I believed I would be secure, financially speaking. Unfortunately, I calculated my income and potential premiums incorrectly and needed help fast!

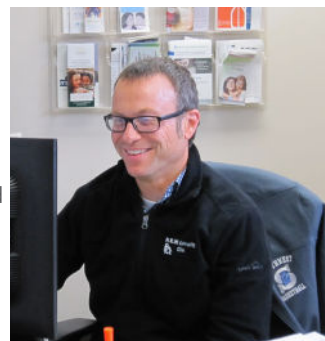
For the last three years, the Aging & Disability Resource Center has been invaluable to me. They provided resources for my father who has dementia. I realized they may be able to help me with my insurance and retirement questions. I called the ADRC and they referred me to Tony Lee, Health Benefit Access Coordinator/Certified Application Counselor, with the N.E.W. Community Clinic.

The role of the Health Benefit Access Coordinator is to provide information and assistance regarding health insurance and benefits to families, partners, and caregivers throughout the community.

I met with Tony to assist me in traversing through the confusing land of The Healthcare Marketplace. Tony and I recalculated my income and came up with what my actual insurance premium would be, based on the plan I chose.

I had another option, paying for COBRA through my former employer. Tony pointed out that although my Marketplace premium would be about half of what Cobra would be, I had already met my deductible for the year. He suggested choosing Cobra for the four months I had left for 2019. I most likely would never have thought of that as my focus was only on the monthly premiums.

Tony answered all my questions. He also asked me questions I didn't think to ask, and made suggestions to assist me in deciding which plan was the best fit for me. Tony and the N.E.W. Community Clinic have been invaluable to me. *Thank you, Tony!*



Tony Lee, Health Benefits Coordinator

Our Mission:

To provide access to quality, comprehensive and compassionate health care to the underserved in our community.

Super Foods – Still Super After All These Years

Due to the popularity of discussing nutrition on social media, television and podcasts, they have been shedding a negative light on some powerful superfoods. While it is important to consume everything in moderation, these neglected nutrient dense foods listed below are important to include into our diets.

Bananas

Bananas receive a bad reputation due to the fact that they are a fruit with a high sugar content. This fruit, however, also contains fiber, which slows the digestion rate of food. This means that it gives our body some time to burn this sugar for energy, instead of storing it as fat. Bananas are also high in important vitamins and minerals such as vitamin B6, vitamin C and potassium.



Eggs

Claimed to be unhealthy due to its high concentration of cholesterol, eggs are a very nutritious food source. One egg contains 6 grams of protein, and can be prepared multiple ways. For those who wish to eliminate the yolk, egg whites provide a high concentration of vitamin B3, potassium and is overall lower in fat compared to the yolk. The yolk, however, still provides several important nutrients such as the fat-soluble vitamins A, D, E and K.

From Compassion to Action

September 2019 marked the 5 year anniversary of the Volunteer Oral Surgeon Program at the NEW Dental Clinic at NWTC. Together, **Oral & Maxillofacial Surgeons BayCare Clinic** and **Bay Oral Surgery & Implant Center** have volunteered their services for a half day each week.

The oral surgeons are treating and working with some of the most vulnerable adult patients in our community. One motivating factor for this program was to alleviate the high numbers of visits for "dental pain" that our local Emergency Departments had the burden of treating. Based on data from those hospitals, visits for "dental pain" have decreased by 50% since 2014.

This group of dedicated and compassionate providers have seen over 1,800 patients and completed over 4,800 surgical procedures. The most notable advantage of this collaboration has been for our aging and disabled patients. Due to this population's needs, transportation can be difficult. However, thanks to our volunteer oral surgeons, traveling outside of the area for dental care can be avoided.

Oral & Maxillofacial Surgeons BayCare Clinic

Dr. Michael Schuh Dr. Steve Zent

Dr. Chad Seubert Dr. Brandon Newell

Bay Oral Surgery & Implant Center

Dr. Vijay Parmar Dr. Jason LeMoine Dr. Bradley Koch

Dr. Charles Ellis Dr. Reda Taleb Dr. Michael Miskella

Dr. David LeMoine

Oats

A low carbohydrate diet has been a consistent trend, promoting the avoidance of many grains. Consuming oats as a meal or added as an ingredient is beneficial. Oats are high in fiber, which maintains blood sugar and also lowers cholesterol. Consuming a bowl of oatmeal for breakfast will provide you with enough energy to get through your busy morning.

Beans

Beans (such as kidney, pinto or black beans) are another excellent alternative protein source. In just half a cup, you have the same amount of protein as an ounce of meat, but without the saturated fat. The reason that beans may receive a bad reputation is that they can cause digestive discomfort. This is because beans are

similar to other superfoods on our list, in that they are full of fiber. Fiber is essential in our diet and promotes a healthy digestive tract.

Remember to include these nutrient dense foods as part of a healthy diet. For more information on what other foods are a healthy additional to your diet visit eatright.org.

Skillet Lasagna

INGREDIENTS

- 2 Tbsp. olive oil
- 1 orange pepper, diced
- 1 red onion, diced
- 2 zucchini, diced
- 1 yellow squash, diced
- ¼ C basil leaves, thinly sliced or 2 Tbsp. dried basil
- 24 oz. tomato & basil sauce
- 6 oven-ready lasagna noodles, broken into pieces
- Italian seasoning to taste

Optional: Can add cooked ground beef, cooked ground turkey, or cooked Italian sausage if desired. You can add cheese to the top when served.

DIRECTIONS

1. Heat 1 Tbsp. olive oil in a 12-in. nonstick skillet set over medium-high heat. Add pepper & onion & cook for about 5 min. Add zucchini squash, & remaining olive oil & cook until vegetables are tender, stirring occasionally.
2. Stir in fresh basil or dried basil. Reduce the heat to low. Stir in sauce & lasagna noodles. Cover & cook for 15 min. or until lasagna noodles are tender. Add more basil or Italian seasoning to taste.

